

ABOUT US

Originally started in June 2021, the Citrus Colorectal Cancer Foundation was made to guide those affected by colorectal cancer to the proper resources. What started as a small support group grew into a nonprofit foundation, still with the same dedication to providing resources to patients, caregivers, practitioners, and all community members.

VISIT OUR WEBSITE

Find access to a multitude of resources, support group meetings, and receive a helping hand and a guide through your cancer journey.

[WWW.CITRUSCRC.COM](http://www.citruscrc.com)

**OR, OPEN
CAMERA
APP AND
SCAN ME!**



Reach out to us directly:

Karen Fisher
President, Citrus Colorectal Cancer Foundation
Phone: (352) 503-8777
Email: citruscrc@gmail.com



NOTES

Lined area for taking notes.

QUESTIONS FOR DOCTOR

Lined area for writing questions for the doctor.

Citrus Colorectal Cancer Foundation, inc. is a registered 501(c)(3) non-profit organization. For more information, contact us.



Citrus Colorectal Cancer Foundation

PATIENT RESOURCE GUIDE

Colon Cancer Resources

FIND MORE AT OUR WEBSITE

COLONTOWN

A private group on Facebook for patients to connect with other patients with similar situations. Members can join "neighborhoods" tailored to their specific colon cancer circumstances.



COLON CANCER ALLIANCE

Network of allies for support, education, research, and more. Provides information about care and clinical trials.



MAN UP TO CANCER

Provides resources and support directed towards men; inspiring men to connect and avoid isolation in their cancer journey.



FIGHT CRC

Provides informational resources as well as research funding for colorectal cancer.



DEPARTMENT OF HEALTH

Each state and county has a department of health which offers local resources for screening, educational materials and support.



AMERICAN CANCER SOCIETY

Helps by funding and conducting research, sharing information, supporting patients, and spreading the word about prevention.



Next Steps

You just woke up from a colonoscopy and they found a mass. You are probably in shock and disbelief. We understand what you are feeling because we have been there too and we are here to help you and your loved ones get through it.

It will be a whirlwind of doctor appointments, labs, scans and more doctor appointments. Even if you have a medical background, it will be overwhelming at times. Feel free to reach out to us when you are ready.

The QR code on the back side of this brochure is a direct link to our website at www.CitrusCRC.com. We originated in Citrus County, Florida but we are available to help guide people all over the globe through the unwanted world of Colorectal Cancer.

In this brochure you will find a list of resources available and a description of what they can offer. There is a lot of homework to be done by you and/or your loved ones in order to get familiar with medical terms, treatment options, expectations and other aspects of the disease. These resources, along with your healthcare teams, have nearly all the answers you will need to help you get through it.

Good luck and best wishes. We are here for you ❤️❤️

Karen Fisher

Karen Fisher, Pharm.D.
Stage 2A Colon Cancer Survivor
President, Citrus Colorectal Cancer Foundation

ASK DOCTOR ABOUT PLAN

Listen to your doctor, and importantly, ask questions. A cancer diagnosis can be incredibly difficult and complex. Your doctor has likely made a countless number of diagnoses and has seen many successful treatment plans. They know the best oncology and surgery teams to which they can refer you. Make sure to ask your doctor about their recommendations for your next steps on your road to treatment.

REACH OUT TO ONCOLOGIST AND COLORECTAL SURGEON

Speak to your GI about their recommendation for a colorectal surgeon and oncologist. Additionally, reach out to your insurance to see which providers are covered by your insurance. Often times, it is a worthwhile investment to seek a second opinion from other surgical and oncology teams to ensure the treatment is optimal, as new medications, regimens, procedures and guidelines are developed. For a link to the top rated cancer centers and surgeons in Florida and the U.S., visit

www.citruscrc.com/top-providers

CONSIDER FINANCES

Treatment options for colorectal cancer can get expensive, which is why it is very important to work closely with your insurance and healthcare facility to get treatment at an affordable rate. Additionally, it is a good idea to seek out other financial resources, such as Patient Assistance Programs (PAPs), national financial assistance programs, or free clinics offered by many practitioners which can often help save a lot of money. For more information about financial sources, visit www.citruscrc.com/finances